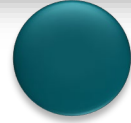
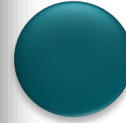


Dell Self - Speak Through Me Communications



Popular Speaker Topics:

Public Speaking

Speaking from Head to Toe—public speaker training with an emphasis on delivery skills using the entire body.

Dine Well—Having lost 80 lbs. (with no pills, potions, powders, teas, or other gimmicks or fads), Dell teaches and shares her testimony of creating a lifestyle that leads to a healthier body, a positive mindset, and a deeper walk with God.

Three Keys to a Memorable Message—of the many components that comprise a great message, listeners will learn the three that stand out above them all.

Authorship

Tell Your Story—Dell's story of hope, determination, and lessons learned on her journey to authorship that led to developing a greater purpose mindset.

Head to Hand Writer's Workshop—half-day workshop designed for adults who

- wish to self-publish a faith-based, uplifting, non-fiction book,
- are ready to take a major step forward on their journey to authorship,
- refuse to let another year go by with their book still stuck in their head.

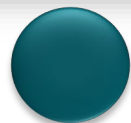
Dell Self, a faith-based, professional communicator, is a trained and certified public speaker coach, certified Christian mental health specialist, lifestyle coach, and certified faith-based vision board specialist. Dell is also a self-publishing specialist, author of 20+ publications, and owner of Speak Through Me Publishing—a growing multi-faceted publishing service devoted to helping adults who wish to launch their ministry through self-publishing an affirming, Christ-centered, nonfiction book.

As a certified public speaker coach, Dell is committed to equipping nervous, rambling talkers with the tools to become confident, purposeful communicators.

As a speaker, Dell is described as “Engaging,” “Delightfully funny,” and “A must hear.” Visit the website, SpeakThroughMe.com, for booking information.

Dell's outreach extends beyond the obvious communications of providing a self-publishing service and public speaker training. Dell also teaches steps to develop a desired personal brand. She utilizes all these experiences as she shares her testimony titled, *Dine Well*. Dell's testimony focuses on how she adopted a lifestyle that enabled her to become confident, happy, and enjoy a healthier body, mind, and spirit.

Dell is married to the Reverend Juan R. Self (1984). They are the proud parents of three adult sons.



Dell Self

www.SpeakThroughMe.com

Dell@SpeakThroughMe.com

901.300.0453

Photos for brochures, programs, flyers, etc. are available on the **booking page** on the website. **Please use the authorized photos, only.**

Book Dell Self - 901.300.0453 / Dell@SpeakThroughMe.com