



# How to Have a Devoted Husband and a Marriage that's Irresistible

Simple Steps to  
Improving **Your** Marriage

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# How to Have a Devoted Husband and a Marriage that's Irresistible!

Simple Steps to Improving Your Marriage  
**(Be Married to a Hunk!)**

by Chardell P. Self

I've heard so many gripes about husbands - good grief! I have to admit that I have run into a few who are truly deserving of the criticisms. Even in those cases, I've concluded that their wives are the ones who transformed perfectly decent husbands into the sorry excuse of a husband they have become. This is not in every case, but in far too many.

So, ladies, if what you have is less than you ever imagined, then why not be married to a hunk? Thankfully, I married a good man, but he's been transformed into a hunk.

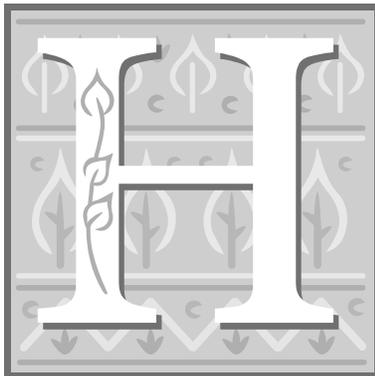
Before I go any further, let me clarify what I mean by "hunk." It's not just the man with the amazing physique, but I think it's the man who is truly a "man" versus an over-sized boy. A man who provides and cares for his wife and family as best he can - he doesn't have to have a million dollar career - but he gets up morning after morning and goes to his job so he can provide for his wife and family - yes, that's a hunk in my eyes. A wonderful hunk of a man is going to model manhood, work ethics, honesty, pride (not arrogance), wisdom, right thinking, common courtesy, godliness, and a host of other positive traits before his family. A hunk will teach his daughters to be ladies and not settle for junk. A hunk will teach his sons the difference between a lady and a woman and train them to set their sights on a lady. He will teach

them how to treat a lady by modeling it before them each day by the way he treats their mother. A hunk will treat his wife like fine china - precious and cherished. Oh yeah, that's a hunk to me. In my mind, just about any guy who has hit puberty can do some things to bulk up and have the "hunk-type" body. Being a true hunk takes a special kind of man. I thank God, I have one.

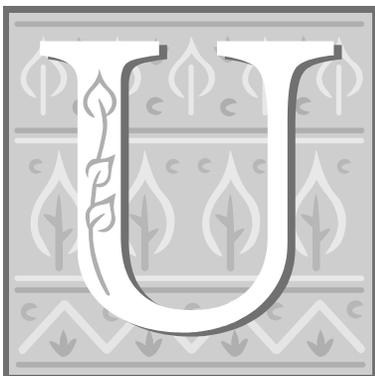
I guess you're wondering how I accomplished this task...  
hmmmm??? I'm glad you asked the question.

First of all, I had to make the decision that I was going to have a hunk. That meant **I** had to make some changes. In hindsight, it was like dieting. Dieting is a worthwhile temporary fix. However, if you're looking for a long-term solution, it's going to require a lifestyle change.

Using the acronym H-U-N-K, let's go through my plan.



Hold him in high regard. In other words, respect him. Treat him in a manner that says you respect and value him.



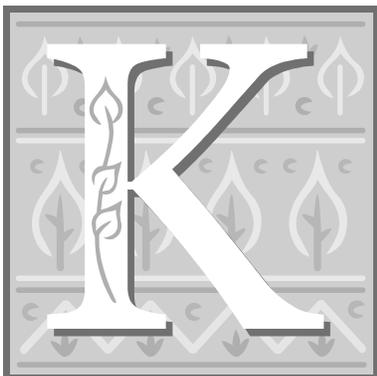
Understand his ego and uplift him, value him - he matters. Praise him, thank him for the things he does. Even when it's not quite right, thank him for the effort and willingness. Don't overdo it; you don't want to sound phony or suspicious.



Be nice. In the book of Proverbs it says that a "...soft answer turns away wrath..." Is it really necessary that you win EVERY argument? If you have to emasculate your man to prove your point, your point might not be that important. Think about it, if you continue to tear him down, there won't be anything left but a weakened shell of a man.

That's YOUR man! Build him up. The man's ego is fragile - don't tear him down. Do you honestly think that treating him like he's nothing is going to turn him into the something you want?

This might be a bit radical for some of you, but here goes... every now and then, address him as "Honey" instead of calling him by his last name, the way his male friends do, or calling him "Dude," "Stupid," or "Fool." Do this for no reason other than referring to him in an affectionate way. If he's not use to it, he'll probably think you're trying to soften him up for something - don't be. Let this become a habit - a soft, gentle, kind, affectionate way of speaking to your husband at home and in public settings.



Keep the vows you made at the altar before God and a host of witnesses. This is assuming that you used traditional wedding vows that call for a commitment rather than a convenience statement. And, kiss him as he leaves for work and thank him from time to time for providing, especially if you are not working.

So, what do *you* get out of this? A happy hunk of a husband and peace! I don't know how to put a price tag or value statement on that.

If you have a nightmare on two legs, he may not transform into your dream hunk overnight. It's going to take some time. The amount of time will differ with every person. As time goes on, you should start to see him soften his heart toward you, become more attentive toward you and then "man-up" and take his rightful place as head of the household.

If you want your husband to be a man, treat him like one by respecting him, uplifting him, being nice to him, and keeping your marriage vows. Eventually, you should begin to see a transformation in his heart.

### **Closing Thoughts**

As much as I would like to say that if you do steps one, two, three, etc. you will have the perfect marriage within two weeks. That would be so simple. I guess it could work that way, but I wouldn't put too much money on that. I'm not a certified marriage counselor or anything of the sort. We've been married since 1984 and now have three grown children. We've been through a lot together. Some days didn't feel too good, but we entered the union with the mindset that divorce was not an option so we had to make it work. I was an immature, spoil little girl in a grown-up body. I have learned many things over the years. I can't say that I am the perfect wife - not by a longshot. After all these years, I'm still learning. I *can* say this, treating your husband like trash will never turn him into a treasure - except maybe to someone else.

In a nutshell, the way to be married to a hunk is to first make a decision and then respect him by treating him as the hunk he was meant to be. One key element is that you must be praying

constantly that God would continuously teach you to be the godly lady He has called you to be.

Remember, there are countless things you can do to improve your marriage. I have listed only a few things to get you started in the right direction.

### **A few quick ideas to keep you moving in the right direction...**

- ✓ Smile at him.
- ✓ Don't raise your voice.
- ✓ Be agreeable. That doesn't mean being a doormat.
- ✓ Use common courtesy - please, thank you, excuse me, etc.
- ✓ Be happy. Who wants to be around someone who has a chip on the shoulder?
- ✓ Respect his wishes (assuming he's not requesting something illegal, etc.).
- ✓ Ask for his opinion.
- ✓ Model before your son the way you would want your daughter-in-law to treat your son. Model before your daughter the way you would want her to treat someone else's son.
- ✓ Ask him how his day was and actively listen.
- ✓ Pack a special lunch for him now and then.
- ✓ If you haven't already, start a prayer journal or blog. Others may want to join you in the journey.
- ✓ Above all, pray for YOURSELF! Yes, pray for yourself, because if you don't have your ducks in a row, it's not likely that you're going to appreciate a good man. Pray for yourself that God would do a work in you to move you toward becoming the lady your man needs and wants.

Send me an email at [Dell@SpeakThroughMe.com](mailto:Dell@SpeakThroughMe.com) and let me know how it's going. I'd love to hear from you!



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