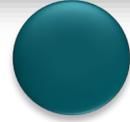


# Dell Self - Speak Through Me Communications



## Public Speaking and Authorship Topics:

### Public Speaking

*Speaking from Head to Toe*—public speaker training with an emphasis on delivery skills using the entire body.

*Dine Well*—empowerment for women who are sick and tired of being sick and tired! Common sense for living a fit life – body, mind, and spirit.

*C.L.E.A.R.*—through a comical childhood story, listeners will learn effective ways to clear the clutter from their message and present their points effectively.

*Three Keys to a Memorable Message*—of the many components that comprise a great message, listeners will learn the three that stand out above them all.

*The Public Speaker*—a 5-week, small group workshop designed to transform nervous, rambling talkers into confident, purposeful communicators through specific skill training.

### Authorship

*Tell Your Story*—Dell's motivating testimony of hope, determination, and lessons learned on her journey to authorship.

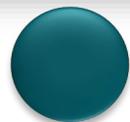
*Head to Hand Writer's Workshop*—half-day workshop designed for adults who

- wish to self-publish a faith-based, uplifting, non-fiction book,
- are ready to take a major step forward on their journey to authorship, and
- refuse to let another year go by with their book still stuck in their head.

Dell Self, a faith-based, professional communicator, is trained and certified as a public speaker coach, leadership coach, and Christian life coach. Dell is also a self-publishing specialist, author of 18 books, and owner of Speak Through Me Publishing—a growing one-stop-shop service devoted to helping adults who wish to launch their ministry or business through self-publishing an affirming, Christ-centered, nonfiction book. Dell shows her passion for turning writers into authors through her Head to Hand Writer's workshops. As a certified public speaker coach, Dell is committed to equipping nervous, rambling talkers with the tools to become confident, purposeful communicators.

As a speaker, Dell is described as “Engaging,” “Delightfully funny,” and “A must hear.”

**Book Dell Self - 901.300.0453 / [Dell@SpeakThroughMe.com](mailto:Dell@SpeakThroughMe.com)**



**CharDell P. Self**

[www.SpeakThroughMe.com](http://www.SpeakThroughMe.com)

[Dell@SpeakThroughMe.com](mailto:Dell@SpeakThroughMe.com)

901.300.0453

Photos for brochures, programs, flyers, etc. are available on the **booking page** on the website. **Please use the authorized photos, only.**